

LUNCH MENU

WEEK 7, FEBRUARY 20 – 24, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU Ham – Noodle Casserole with Fine Vegetable and Tomato Sauce	From the Pan: Herring Remoulade and Potatoes with Green Salad	Sliced Beef Ragout, Broccoli and spicy Basmati Rice	<i>Anyi G.'s Favourite Food.</i> "Chinese Surprise"	Roasted Chili Chicken with Baked Potatoes and Winter Vegetables
MENU II Fennel Soup with Roasted Bread and fresh Chervil	Pumpkin – Quinoa Omelette with Bean Salad	Clear Vegetable Soup with Beans and Fresh Herbs	Stuffed Mushroom with Wild Rice and Curry Cauce	Ricotta "Ravioli" with Fried Chicory and Walnut Pesto
DESSERT Apple Crumble	Sturm's Cake	Amaranth Orange Cream	Chocolate Pudding	Pineapple Smoothie

THIS WEEK POTATOES, MINCED MEAT, WHITE CABBAGE, ZUCCHINI, ORANGES, CHICORY AND APPLES ARE FAIR TRADE OR ORGANIC.

OPENING HOURS: Lunch 12.00 am – 1.30 pm



MENU FOR BREAKFAST, DINNER AND WEEKEND

WEEK 7, FEBRUARY 20 – 26, 2012



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST Smooth Cream of Banana with Millet Flakes, Sweetened with Fruit Juice	Lemon Yoghurt with Amaranth	Savoury Buckwheat Pancakes with Leek & Mountain Cheese Filling	Bircher Musli with Fresh, Ripe Fruits	Lukewarm Chocolate Muffin Topped With a Drop of Vanilla Sauce	Homemade Porridge with Dried Fruit, Budwig Musli, a Variety of Eggs, Tea, Coffee, Fresh Fruit and Vegetable Juices	BRUNCH Mini Schnitzel, Croissants, Orange & Raisin Rolls, Bread, Butter, Jam, Fresh Fruit Salad, Stuffed Tomatoes with Spicy Dip, Tea, Coffee
DINNER Vegetarian Moussaka with Sheep Cheese and Cabbage Salad	Fried Leek with Ham and Baked Potatoes	Zucchini & Onion Tart and Endive Salad	Chickpeas Stew with Herb Baguette	Smoked Salmon with Baked Potato and Sour Cream	Potato & Vegetable Gratin with Ham, Delicious Salads, Sandwich Meats, Cheeses and Spreads, Tea, Fruit Punch [non alcoholic]	Ham and Cheese, Delicious Salads, Sandwich Meatballs, and Spreads, Tea, Fruit Punch [non alcoholic]

THIS WEEK BANANAS, APPLES, ZUCCHINI, LEEK, BACON, AND EGGS ARE FAIR TRADE OR ORGANIC.

OPENING HOURS: Breakfast 8.00 am – 10.00 am Brunch 10.00 am – 2.00 pm Dinner 6.00 pm – 7.30 pm